

Appendix Five

What to Take Checklist

Devotional Materials

- Bible and devotionals *Spiritual Preparation for Disaster Relief*
 Hope in Crisis tracts Witnessing tracts

Identification

- Disaster relief ID Driver's license Vehicle registration
 Phone numbers (family physician, employer, church, emergency contact)

Insurance Information (list company, policy number, coverage, agent, and phone)

- Health Automobile Life

Miscellaneous Items

- Money or traveler's checks (\$50-200) Notebook and pencils or pens
 Southern Baptist disaster relief manual and/or state disaster relief manual

Clothing (4-7 day supply)

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|---|---|
| <input type="checkbox"/> Disaster relief caps and jackets | <input type="checkbox"/> Work shoes |
| <input type="checkbox"/> Coats and/or jackets (warm and cool) | <input type="checkbox"/> Waterproof footwear |
| <input type="checkbox"/> Jeans or work pants | <input type="checkbox"/> Socks (2/day; white, wool or wool blend) |
| <input type="checkbox"/> Shirts (warm and cool weather) | <input type="checkbox"/> Work gloves |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Rain suit or poncho |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Bandanas and handkerchief |
| <input type="checkbox"/> Sneakers | <input type="checkbox"/> Laundry bag |

Health, Safety, and Hygiene

- Prescription medicine (List by name all your prescription medications)
 New prescription orders (if your physician approves and will write new prescriptions)
 Nonprescription drugs Allergy kit: bees, etc.. Sunblock (15+)
 Bar soap Liquid antibacterial soap Laundry detergent
 Deodorant Feminine needs Personal needs
 Towels Washcloths Mouthwash
 Toothbrush Toothpaste Dental floss
 Shampoo and rinse Comb and brush Hair spray
 Chap stick Shaving cream Razor
 Diarrhea cure Antacids Laxative
 Insect spray Skin lotion Blister kit
 A&D ointment Antifungal ointment/spray Foot powder

Food

- Diet food Snacks Drinking water

Supplies and Equipment

- Flashlight or lantern Bedding (air or foam mattress, cot, and covers)
 Watch or clock Tent (optional, inquire first)
 Canteen or water bottle
 Special personal items you need for health, safety, or comfort